

About Cortona, Italy

Cortona is one of the true jewels of the Tuscan "hill towns." Cortona, which is often called the "City of Art," has its origin as an Etruscan city that pre-dates Roman times with sections of its walls dating back some 2500 years. As is typical of Tuscan hill-towns, Cortona is a walled city that, for purposes of defense, was built atop a prominent geographical point. The stone buildings and streets not only have the romance, style, and charm that are particular to Tuscany, but also speak of the lives and times Cortona has witnessed. An encounter with Cortona is an encounter with music & art, with history and with spirituality. Getting to know this timeless city is a real rediscovery of our past. Cortona offers testimony to its history as well as an enchanting view of the landscape enclosed by Lake Trasimeno and the Appenine mountains.



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Toscana Americana Workshops
2010 Season

Soulistry: Artistry of the Soul



*Connecting creativity
and spirituality*

June Mack Maffin

Cortona, Italy

September 11-18, 2010

Soulistry: Artistry of the Soul

Release your playful nature! Enrich your spirituality! Come and celebrate the gift of creativity through an exploration of a variety of "hands-on" artistic expressions! Let your inner creativity soar with Paper Marbeling Mystery, ArtCardZenz, PhotoMeditations, MandalaZ's, CreativeSpirituality Journaling and more.

Engage in discussions about blockages to spiritual growth / creativity / self-expression and re-connect with the intangible soul-essence of life as you create artistic soul space within you in new ways!

No art experience or training is necessary and all are welcome. The only ingredients of **Soulistry** sessions connecting creativity and spirituality are an open heart, mind and a willingness to explore, share, play, create and be open to Spirit. (Basic art supply list available upon registration; separate special supply fee payable to instructor at first session).

SOULISTRY workshop suggested for...

- those in a period of creative stagnation
- those who may not yet have discovered their artistic abilities or haven't any / much art training
- those whose lives are blocked/restricted in some way
- those who welcome an opportunity to play, relax and create
- those who would like to grow spiritually

**All-inclusive tuition, meals & accommodations start at
US \$2749.00pp single!
US \$2649.00pp double!**

Read about pricing plans and options, itinerary & enrollment, & non-painters pricing online

All-inclusive* workshop includes:

Escorted Group Travel

Rome to Cortona

*September 11, 2010*****

Five days of instruction

Seven nights accommodations

*in historic Cortona***

(Private room & bath)

Local Etruscan Museum

& Museo Diocesano

*All meals****

*(Italian breakfast, lunch
and dinner)*

Daily wine tasting opportunities

Day trip to Florence

Day trip to Lago Trasimeno

& Isola Maggiore

A farewell wine tasting dinner

***Included with "Hotel" plans only.*

****Included with "Group Meal Plan" only.*

*****Specific departure time only; to be announced*

**All-inclusive plans are Hotel plans A, C, E, G and Hostel plans I & K only.*

Air travel and ground transportation to/from Cortona is not included and is the responsibility of each participant.

June Mack Maffin

For over twenty years, June Mack Maffin has been an Author, Educator, Consultant, Spiritual Director and Conference leader. A Creative Spirituality Artist, she teaches Creative Spirituality Art classes at various Retreat and Conference Centres and at her Soulistry Studio in Shawnigan Lake with various groups.

Nurtured by an abiding awareness of the holy in all aspects of life, a deep conviction that everyone is spiritual and has received the gift of creativity in some way, June brings her enthusiastic and gentle approach to each Soulistry session.

www.soulistry.com

Visit us for complete details online:

www.ToscanaAmericana.com

