

# *Treasures of Tuscany*

*Painting en Plein Air with*

*Carolyn E. Lewis*

*Cortona, Italy April 25-May 2, 2009*

*Study with Carolyn and capture the adventures of plein air painting colorful landscapes in beautiful picturesque Cortona, Italy. Discover how painting from life helps us to see and observe the affects of light and atmosphere. Learn how to simplify your subject while painting more quickly and accurately, with special attention placed on learning to see masses, as opposed to line, and form, rather than detail.*

*The entire painting process will be covered along with daily demonstrations in oil. Carolyn will work individually with each student at their easel and guide them at their own level. This workshop is for anyone interested in learning to develop creative, painterly paintings with clean, rich color, mood, and dynamic compositions. There will be group critiques at the end of each day.*

*Experience the thrill and beauty of a wonderful part of Italy, and even more so, taking these memories you've created home with you! This workshop is for beginners to advanced artists and will be conducted outdoors on location, weather permitting.*

[\*Read more about this workshop below...\*](#)

*Three-star Hotel Oasi Special*

*All-inclusive w/ private room/bath &*

*Group Meal Plan...\$2749.00 per person!*

*\$2649.00 per person double occupancy w/Group Meal Plan!*

**All-inclusive enrollment options include:**

*Instruction on location*

*Escorted group travel*

*Rome to Cortona April 25, 2009\*\*\*\**

*Seven nights three-star accommodations  
in historic Cortona\*\**

*Local museums and events*

*All meals\*\*\*(Italian breakfast, lunch & dinner)*

*Daily wine tasting opportunities*

*Day trip to Florence*

*A farewell wine tasting dinner*

*\*\*Included with "Hotel" plans only, see details*

*\*\*\*Included with "Group Meal Plans" only, see details*

*\*\*\*\*Specific departure time only; to be announced*

*\*All-inclusive plans are Hotel plans A, C, E, G and Hostel plans I & K only. Air travel is the responsibility of each participant. Florence (FLR) and Rome (FCO) the suggested arrival and departure airports in Italy*

*About Cortona...*

Cortona is one of the true jewels of the Tuscan “hill towns.” Cortona, which is often called the “City of Art,” has its origin as an Etruscan city that pre-dates Roman times with sections of its walls dating back some 2500 years. As is typical of Tuscan hill-towns, Cortona is a walled city that, for purposes of defense, was built atop a prominent geographical point. The stone buildings and streets not only have the romance, style, and charm that are particular to Tuscany, but also speak of the lives and times Cortona has witnessed. An encounter with Cortona is an encounter with music & art, with history and with spirituality. Getting to know this timeless city is a real rediscovery of our past. Cortona offers testimony to its history as well as an enchanting view of the landscape enclosed by Lake Trasimeno and the Apennine mountains.

*About this workshop...*

**Saturday April 25, 2009**

Participants arrive in Cortona from Rome with a Toscana Americana escort and check in at Hotel Oasi. For the rest of the afternoon, participants may want to either rest or explore Cortona before welcome meeting at La Saletta for a wine and chocolate tasting. Mmmm

yum! Then off to dinner at one of the fine restaurants that Patrick will take us to for the next week. Afterwards, we will be taken back to our hotel by taxi.

### **Sunday April 26**

I will do a demo at the Hotel Oasi and if time allows, you'll be able to paint after that till we break for lunch. In the demo, I will go over in general the fundamentals of plein air painting, sharing with you my thought process, technique, etc. Every day we paint, we will go over at least one of the four important basics for developing a good painting. Values, color and color mixing, shapes, and edges. After lunch, you will have three wonderful hours to paint there. I will be there to help and instruct with any problems that may arise. We will talk about composition and design and deciding how to simplify our subject. Critique.

### **Monday April 27**

This morning we will be taking a taxi to Cortona/Piazza Garibaldi for our morning session where I will let you capture the morning light and I will demo in the afternoon session going over all the essentials and in capturing the light and dealing with the light source when painting en plein air. Critique

### **Tuesday April 28**

This is a real treat!! You will love it! Patrick is taking us via train to Florence for the day. Lunch will be provided and then off the Uffizi gallery. After exploring Florence and taking in all the beauty, we will return to Cortona for wine and dinner as usual. This could become a wonderful habit! You may want to take a lot of reference or even bring your sketch book.

### **Wednesday April 29**

Group painting session both morning and afternoon. Smaller demos will be done, if needed, to emphasize any problems participants may be having. Critique.

### **Thursday April 30**

Group morning and afternoon sessions in Piazza Garibaldi with possible demo, going over any questions, etc. and final critique.

### **Friday May 1**

Day trip. Depart Cortona to Passignano and Lago Trasimeno by train followed by boat to Isola Maggiore. We will enjoy the sites and have lunch before we return to Cortona where we will have our farewell wine tasting dinner. :( I know you will love this experience and bring home many wonderful memories to last a lifetime, especially if they are on your canvases!! And I know Italy will call to you again.

### **Saturday May 2**

Check out and departure

Note: Itinerary subject to change

### **25 Saturday – Arrival in Cortona**

- Arrival and Check-in in Cortona at Hotel Oasi.
- 6:45p Taxi to Piazza Garibaldi
- 7:00p Welcome to Cortona wine and chocolate tasting at La Saletta.
- 8:00p Evening dinner in Cortona at La Loccanda nel Loggiatto
- 10:30p Taxi to Hotel Oasi from Piazza della Repubblica

### **26 Sunday - Cortona**

- 9:00a-1:00p Morning Session at Hotel Oasi
- 1:00p Lunch Hotel Oasi
- 3:00-6:00p Afternoon Session at at Hotel Oasi
- 6:45p Taxi to Piazza Garibaldi
- 7:30p Wine tasting at IL Pozzo
- 8:00p Evening dinner in Cortona at Trattoria Toscana
- 10:30p Taxi to Hotel Oasi from Piazza della Repubblica

### **27 Monday - Cortona**

- 9:00a Taxi to Cortona/Piazza Garibaldi
- 9:00-1:00p Morning Session
- 1:00p Lunch at Trattoria Etrusca
- 3:00-6:00p Afternoon Session
- 6:00p Taxi to Hotel Oasi from Piazza della Repubblica
- 6:45p Taxi to Piazza Garibaldi
- 7:30p Wine tasting TBA
- 8:00p Evening dinner in Cortona at Fufiluns
- 10:30p Taxi to Hotel Oasi from Piazza della Repubblica

### **28 Tuesday - Florence**

- 9:00a Taxi to Camucia Station (train at 9:38)
- Day trip to Florence with lunch provided
- 1:30p Uffizi gallery visit. Entrance at 1:30p, meet at 1:15p.
- 5:09p Depart Florence
- 7:30p Wine at TBA
- 8:00p Dinner in Cortona at Tempero
- 10:30p Taxi to Hotel Oasi from Piazza della Repubblica

### **29 Wednesday - Cortona**

- 9:00a Taxi to Cortona/Piazza Garibaldi
- 9:00-12:00p Morning Session
- 12:00p Lunch La Grotta
- 2:00-5:00p Afternoon Session
- 5:00p Taxi to Hotel Oasi
- 5:45p Taxi to Tuscan cooking class & dinner

-10:30p Taxi to Hotel Oasi

### **30 Thursday - Cortona**

-9:00a Taxi to Cortona/Piazza Garibaldi

-9:00-1:00p Morning Session

-1:00p Lunch at La Loccanda nel Loggiatto

-3:00-6:00p Afternoon Session

-6:00p Taxi to Hotel Oasi

-6:45p Taxi to Piazza Garibaldi

-7:30p Wine tasting

-8:00p Dinner in Cortona at Tempero

-10:30p Taxi to Hotel Oasi from Piazza della Republicca

### **1 Friday - Lago Trasimeno & Isola Maggiore**

-7:40a - Depart Cortona and travel to Passignano followed by boat to Isola Maggiore

-8:05a – Depart Camucia by train for Passignano & Isola Maggiore

-1:00p Lunch Il Vecchio Orologio

-6:30 return to Cortona/Camucia

-6:30 return to Cortona/Camucia

-8:00p Farewell Wine Tasting Dinner in Cortona at Osteria del Teatro

-11:00p Taxi to Hotel Oasi from Piazza della Republicca

### **2 Saturday – Cortona**

-Morning Check-out and departure from Cortona or we can help you plan an extended stay!

-Each guest must make taxi/travel requests through the Hotel Oasi front desk.

Note: Toscana Americana reserves the right to alter this itinerary. All times are approximate

## *Supply List* *What to bring...*

Participants are required to provide their own art supplies, preferred paints, brushes & tools along with a portable easel. A suggested list of art supplies for oil, that Carolyn uses, is listed below. Some of these items may also be purchased in Cortona and Florence.

Note: Do not pack prohibited items in carry-on-luggage! They will be confiscated. Bring your smallest, lightest weight version of each item. Remember that you will need to carry your own gear as we travel from one painting location to another.

Check catalogs such as the ones listed below for all your supplies.

Art Supply Warehouse [www.aswexpress.com](http://www.aswexpress.com)

Jerry's Artarama at [www.jerrysartarama.com](http://www.jerrysartarama.com)

Cheap Joe's Art Stuff at [www.cheapjoes.com](http://www.cheapjoes.com)

#### **Paints**

1. Titanium White
2. Cadmium Yellow Lemon
3. Cadmium Yellow Pale
4. Cadmium Red Light.

5. Alizarin Crimson
6. Thalo Blue
7. Ultramarine Blue
8. Yellow Ochre
9. Terra Rosa
10. Ivory Black

### **Brushes**

3-4 bristle (hogs hair) filbert brushes ranging in sizes from 2-20 (small, medium & large)  
3-4 softer brushes of either a sable, mongoose or synthetic sable ranging in sizes from 2-20 (small, medium & large)

1 each bristle and softer flat brush in both a smaller size (1/4-1/2 inch) and a larger one (1 inch wide)

One round softer hair brush for detail if needed.

Suggested brands are Silver Brush, Royal & Langnickel, Isabey and Winsor & Newton.

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### **Medium**

Winsor & Newton Liquin Alkyd Painting Medium 75 ml bottle

### **Canvas**

Canvas 5-10 panels such as Raymar cotton canvas panels or Windriver Art cotton canvas panels or Fredrex Canvas Panels (small ones, 11 x 14 or under)

Plan on 1-2 every day you paint

[www.raymarart.com](http://www.raymarart.com)

[www.windriverarts.com](http://www.windriverarts.com)

[www.fredrixartistcanvas.com](http://www.fredrixartistcanvas.com)

### **Palette**

This may be included in your easel. If not, a non-white palette of your choice, preferably 12 x 16, toned, Either plexi glass, wood, etc. (no glass due to possible breakage)

### **Easel**

Easels used for plein air painting, such as half-sized French Easel, (M.A.B.E.F. or Julian are good brands), Open Box M, Guerrilla Box or Easy L

<http://www.guerrillapainter.com/>

<http://www.artworkessentials.com/>

<http://www.openboxm.com/>

### **Miscellaneous**

1" or 2" Angular trowel shaped palette knife or similar

Brush washer air tight container or other air tight container for Mineral Spirits (Mineral spirits will have to be purchased once you arrive in Europe)

Paper towels (Viva Kleenex is good) (regular paper towels may be available in Cortona)

Razor blade or scraper to remove paint from palette

Sketch book, pencils and sharpener if needed (11 x 14 or smaller) for drawing and taking notes.